


Menu subject to change according to what is fresh, local and in season.

\*Vegetarian

## MVWSD - Middle School November Menu 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Offered Daily</u> <u>Upper Crust</u>	<u>Offered Daily</u> <u>Upper Crust</u>	<u>Offered Daily</u> <u>Upper Crust</u>	<u>Offered Daily</u> <u>Upper Crust</u>	<u>Offered Daily</u> <u>Upper Crust</u>
TACO NADA	Pepperoni Pizza Slice * Cheese Pizza Slice Hawaiian Pizza	*Pasta with Marina Sauce and Breadstick	Mac & Cheese * Breadstick	*Grilled Cheese Sandwich
GRab & Go Salads	GRab & Go Salads	GRab & Go Salads	GRab & Go Salads	GRab & Go Salads
<u>Deli</u> Assorted Sandwiches	<u>Deli</u> Assorted Sandwiches	<u>Deli</u> Assorted Sandwiches	<u>Deli</u> Assorted Sandwiches	<u>Deli</u> Assorted Sandwiches
 <u>Fiesta</u>	<u>Fiesta</u>	<u>Fiesta</u>	<u>Fiesta</u>	<u>Fiesta</u>
*Cheese Quesadilla	Bean & Cheese Burrtio *	Chili & Cheese w/ Tortilla Chips	Nachos	Crunchy Turkey Tacos
<u>Home Plate Favorites</u> Chicken Breast Patty w/ Baked Curly Fries	<u>Home Plate Favorites</u> BBQ Shredded Pork Sand w/ Baked Potato Wedges	<u>Home Plate Favorites</u> Bacon Cheese Burger w/ Curly Fries	<u>Home Plate Favorites</u> Chicken & Bacon Waffle Sand/ with Fries	<u>Home Plate Favorites</u> Philly Cheese Steak Sand w/ Seasoned Potato Wedges
CHEF'S CHOICE SPECIAL	CHEF'S CHOICE SPECIAL	CHEF'S CHOICE SPECIAL	CHEF'S CHOICE SPECIAL	CHEF'S CHOICE SPECIAL
<u>Milk</u> Skim or 1% Lowfat Milk	<u>Milk</u> Skim or 1% Lowfat Milk	<u>Milk</u> Skim or 1% Lowfat Milk	<u>Milk</u> Skim or 1% Lowfat Milk	<u>Milk</u> Skim or 1% Lowfat Milk

All entrees are Freshly Prepared and meet HHFKA/USDA Standards. Entrees are served with our fresh, local, Fruit and vegetable bar.

*Crittenden and Graham Fresh Fruit and Salad Bar*

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MEAL PRICES:

PAID: \$3.50

REDUCE: \$0.40

FREE: \$0.00

ADULT: \$4.50

You may qualify for free or reduced price meals. Applications are available at all schools, on line and the district office. For questions regarding the food service program you can call the food service office at (650) 903-6965.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.