




Menu subject to change according to what is fresh, local and in season.

\*Vegetarian

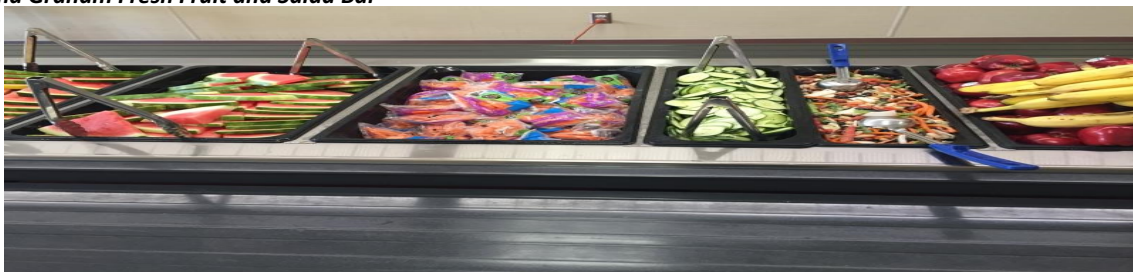
MVWSD - Middle School Winter Menu 2018				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Offered Daily</u> <u>Upper Crust</u> Chicken Alfredo &amp; Pasta w/ Breadstick</p> <p>GRab &amp; Go Salad <u>Deli</u> Assorted Sandwiches</p>  <p><u>Fiesta</u> *Cheese Quesadilla</p> <p><u>Home Plate Favorites</u> Bacon Cheese Burger w/ Baked Curly Fries</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p> 	<p><u>Offered Daily</u> <u>Upper Crust</u>  Pepperoni Pizza Slice * Cheese Pizza Slice Hawaiian Pizza</p> <p>GRab &amp; Go Salad <u>Deli</u> Assorted Sandwiches</p> <p><u>Fiesta</u> Bean &amp; Cheese Burrtio *</p> <p><u>Home Plate Favorites</u> Hot Dog w/ Baked Potato Wedges</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p>	<p><u>Offered Daily</u> <u>Upper Crust</u> *Pasta with Marina Sauce and Breadstick</p> <p>GRab &amp; Go Salad <u>Deli</u> Assorted Sandwiches</p> <p><u>Fiesta</u> Cheese Enchiladas *</p> <p><u>Home Plate Favorites</u> Chicken Patty Sandwich w/ Curly Fries</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p>	<p><u>Offered Daily</u> <u>Upper Crust</u> Mac &amp; Cheese * Breadstick</p> <p>GRab &amp; Go Salad <u>Deli</u> Assorted Sandwiches</p> <p><u>Fiesta</u> Chimichunga</p> <p><u>Home Plate Favorites</u> Orange Chicken Rice Bowl w/ Fortune Cookie</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p>	<p><u>Offered Daily</u> <u>Upper Crust</u> *Grilled Cheese Sandwich</p> <p>GRab &amp; Go salad <u>Deli</u> Assorted Sandwiches</p> <p><u>Fiesta</u> Crunchy Turkey Tacos (2) w/ Shredded Lettice &amp; Cheese</p> <p><u>Home Plate Favorites</u> Philly Cheese Steak Hoagie w/ Seasoned Potato Wedges</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p>

All entrees are Freshly Prepared and meet HHFKA/USDA Standards. Entrees are served with our fresh, local, Fruit and vegetable bar.

\*Vegetarian *March Seasonal Fruits and Vegetables- Kiwi, Minneola Tangelo, Grape Tomatoes, Manderins*



Crittenden and Graham Fresh Fruit and Salad Bar



MEAL PRICES: PAID: \$3.50 REDUCE: \$0.40 FREE: \$0.00 ADULT: \$4.50

You may qualify for free or reduced price meals. Applications are available at all schools, on line and the district office. For questions regarding the food service program you can call the food service office at (650) 903-6965.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.