

Mountain View Whisman School District - Elementary School

MAY 2021

This Institution is an Equal Opportunity Provider
www.mvwsd.org



Breakfast:
 Reduced Sugar Cereal Cup
 Bagel & Lite Cream Cheese
 Fresh Baked Muffins
 Cereal Bar- Breakfast Bun-Breakfast Bar
 Fresh Fruit and Fat Free or 1% Low Fat Milk
 Juice box only Tuesday & Thursday

Menu Symbols
 (V)...All Entrees in green are vegetarian.
 WW - Whole Wheat

Lunch Menu

For students with nut allergies, we do not serve peanut butter or nut-related products at any of our schools.

Monday	Tuesday	Wednesday	Thursday	Friday
3-May Chicken Tenders Whole Grain Sun Chips Garden Burger (V) Whole Grain Sun Chips Fresh Fruit 1% or Fat Free Milk	4-May Taco Nada Cheese Enchilada Pie Baby Carrots and Fresh Fruit 1% or Fat Free Milk	5-May Turkey and Cheese Sand on Whole Wheat Sun Chips Sun Butter and Jelly Sand Fresh Fruit 1% or Fat Free Milk	6-May Orange Chicken w/ Veggie Chow Mein Veggie Chow Mein (V) Fresh Fruit 1% or Fat Free Milk	7-May  May 7, 2021 Cheese Pizza (V) Choc. Milk Vegetable and Fresh Fruit 1% or Fat Free Milk
10-May Chicken Nuggets Whole Grain Sun Chips Garden Burger (V) Whole Grain Sun Chips Baby Carrots and Fresh Fruit 1% or Fat Free Milk	11-May Bean & Cheese Burrito Taco Sauce Fresh Fruit 1% or Fat Free Milk	12-May Chicken Taco Salad Whole Grain Chips/Salsa Bean & Cheese Taco Salad Whole Grain Chips/Salsa Baby Carrots and Fresh Fruit 1% or Fat Free Milk	13-May Creamy Mac & Cheese W/ Breadstick (V) Fresh Fruit 1% or Fat Free Milk	14-May Cheese Pizza (V) Choc. Milk Vegetable and Fresh Fruit 1% or Fat Free Milk
17-May Chicken Patty Sand Whole Grain Sun Chips Garden Burger (V) Whole Grain Sun Chips Baby Carrots and Fresh Fruit 1% or Fat Free Milk	18-May Beef Soft Tacos w/ Spanish Rice- Beans Cauliflower Tacos (V) W/ Spanish Rice -Beans Fresh Fruit 1% or Fat Free Milk	19-May Pizza Quesadilla Cheese Quesadilla (V) Baby Carrots and Fresh Fruit 1% or Fat Free Milk	20-May BBQ Chicken Legs Baked Beans, Corn Hummus & Veggie Platter W.G. Tortilla Chips Fresh Fruit 1% or Fat Free Milk	21-May Cheese Pizza (V) Choc. Milk Vegetable and Fresh Fruit 1% or Fat Free Milk
24-May Cheeseburger Whole Grain Sun Chips Garden Burger (V) Whole Grain Sun Chips Baby Carrots and Fresh Fruit 1% or Fat Free Milk	25-May Cheese Quesadilla Taco Sauce Baby Carrots and Fresh Fruit 1% or Fat Free Milk	26-May GRAB & GO Pizza Nada Cheese Pizza (V) Baby Carrots and Fresh Fruit 1% or Fat Free Milk	27-May Chicken Alfredo Pasta w/ Bread Stick Veggie Alfredo Pasta (V) w/ Bread Stick Fresh Fruit 1% or Fat Free Milk	28-May Cheese Pizza (V) Choc. milk Vegetable and Fresh Fruit 1% or Fat Free Milk
31-May 	1-Jun Bean & Cheese Burrito (V) Taco Sauce Fresh Fruit 1% or Fat Free Milk	2-Jun GRAB & GO Turkey and Cheese Sand on Whole Wheat Sun Chips Hummus & Veggie Platter (V) W.G. Tortilla Chips Baby Carrots and Fresh Fruit 1% or Fat Free Milk	3-Jun Spaghetti w/ Meat Balls w/ Bread Stick Pasta Marinara w/ Bread Stick Fresh Fruit 1% or Fat Free Milk	4-Jun Cheese Pizza (V) Choc. milk Vegetable and Fresh Fruit 1% or Fat Free Milk

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.
Menu subject to change without notice.

May Seasonal Fruits and Vegetables
 Almonds, Carrots, Citrus, Red and Green Grapes, Pears, Sweet Potatoes, Tomatoes, Bell Peppers