



Menu subject to change according to what is fresh, local and in season.

\*Vegetarian

MVWSD - Middle School January Menu 2019				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Offered Daily</u> <u>Upper Crust</u></p> <p>TACO NADA</p> <p>GRab &amp; Go Salads <u>Deli</u> Assorted Sandwiches</p>  <p><u>Fiesta</u> * Cheese Pizza</p> <p><u>Home Plate Favorites</u> Chicken Breast Patty w/ Baked Curly Fries</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p>	<p><u>Offered Daily</u> <u>Upper Crust</u></p>  <p>Pepperoni Pizza Slice * Cheese Pizza Slice Hawaiian Pizza</p> <p>GRab &amp; Go Salads <u>Deli</u> Assorted Sandwiches</p> <p><u>Fiesta</u> Bean &amp; Cheese Burrtio *</p> <p><u>Home Plate Favorites</u> BBQ Shredded Pork Sand w/ Baked Potato Wedges</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p>	<p><u>Offered Daily</u> <u>Upper Crust</u></p> <p>*Pasta with Marina Sauce and Breadstick</p> <p>GRab &amp; Go Salads <u>Deli</u> Assorted Sandwiches</p> <p><u>Fiesta</u> Chili &amp; Cheese w/ Tortilla Chips</p> <p><u>Home Plate Favorites</u> Bacon Cheese Burger w/ Curly Fries</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p>	<p><u>Offered Daily</u> <u>Upper Crust</u></p> <p>Mac &amp; Cheese * Breadstick</p> <p>GRab &amp; Go Salads <u>Deli</u> Assorted Sandwiches</p> <p><u>Fiesta</u> Nachos</p> <p><u>Home Plate Favorites</u> Chicken &amp; Bacon Waffle Sand/ with Fries</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p>	<p><u>Offered Daily</u> <u>Upper Crust</u></p> <p>*Grilled Cheese Sandwich</p> <p>GRab &amp; Go Salads <u>Deli</u> Assorted Sandwiches</p> <p><u>Fiesta</u> Crunchy Turkey Tacos</p> <p><u>Home Plate Favorites</u> Philly Cheese Steak Sand w/ Seasoned Potato Wedges</p> <p>CHEF'S CHOICE SPECIAL</p> <p><u>Milk</u> Skim or 1% Lowfat Milk</p>

All entrees are Freshly Prepared and meet HHFKA/USDA Standards. Entrees are served with our fresh, local, Fruit and vegetable bar.

Crittenden and Graham Fresh Fruit and Salad Bar

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MEAL PRICES:

PAID: \$3.50

REDUCE: \$0.40

FREE: \$0.00

ADULT: \$4.50

You may qualify for free or reduced price meals. Applications are available at all schools, on line and the district office. For questions regarding the food service program you can call the food service office at (650) 903-6965.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.