

Mountain View Whisman School District 2017-2018 District Report



This year, MVWSD 5th graders received the **Puberty Talk** course, a 5-hour course in puberty education, including lessons on body changes, anatomy, conception, hygiene, safety, and HIV.

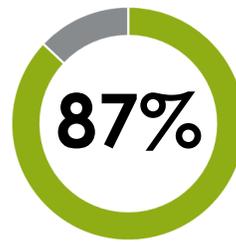
Students served: 

Program impact: 

568 Number of 5th grade **students served** in MVWSD

20 Number of 5th grade **classes served** in MVWSD

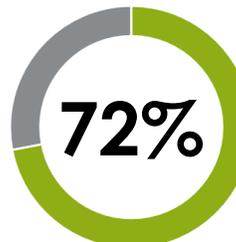
8 Number of **schools receiving Puberty Talk** in MVWSD



MVWSD 5th graders felt they had a **safe space to ask questions** during Puberty Talk

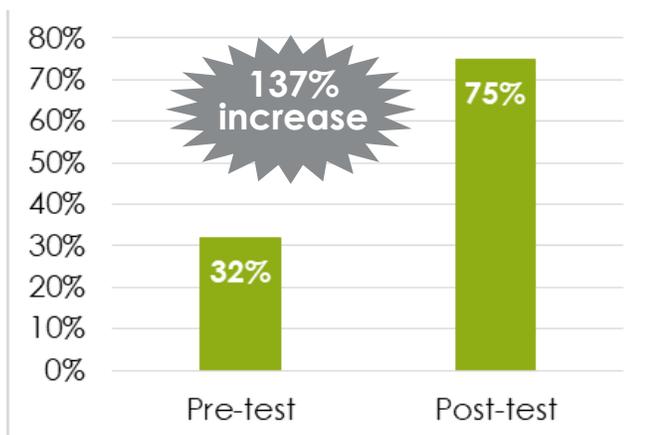


MVWSD 5th graders felt this program helped them feel **more comfortable with their body and puberty changes**



MVWSD 5th graders now feel more comfortable **talking about puberty and health with parents or trusted adults**

Knowledge change: 



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What students said:

Q: What was your favorite part?

- A: "Learning more about my body and changes it will go through, and that I'm not the only one."
- A: "The anonymous question box where I could ask questions without being embarrassed."
- A: "My favorite part of the course was actually doing the homework because it made me feel more comfortable with talking to my parents about puberty."
- A: "Learning that puberty is normal in everyone."
- A: "How to use pads, tampons because us girls need to learn."
- A: "I liked learning as a group instead of being separated by boys and girls so we can learn about each other."

Q: What will you do differently now?

- A: "I will remember that there are many people that I now realize I can trust better and be more open with my trusted adults."
- A: "Not judge people how they look during puberty because I know that will happen to me."
- A: "I will start to feel more normal about how my body is changing."
- A: "Me and my dad will have weekly talks now."
- A: "I won't be scared of getting my period."
- A: "I will never in my life will do a sexual crime and harassing."
- A: "I feel more comfortable asking questions, and will teach anybody who wishes to learn about puberty."

What teachers said:

Q: What did you like best about the program this year?

- A: "The factual, scientific explanations were appropriate for the grade level."
- A: "The instructor answered all questions in a professional manner. I also like the "gender identity" section of the course."
- A: "I enjoyed observing how interested and focused my students were during the presentations."
- A: "The question cards were a fantastic venue for students to ask the questions that were top of mind and that they may be embarrassed to ask in public."
- A: "I thought it was great how a good portion of the course was about consent and harassment."
- A: "The info is so much more current than what my district has us use."
- A: "That it was co-ed and both sexes were covered."
- A: "I like how it engages the students in activities and games between learning."

Q: Additional comments?

- A: "Thank you for your professionalism. I thought the content was professional and taken with a serious tone."
- A: "I really hope my district continues to consult you guys in the future. I have had a great experience in the 2 years we have had you!"



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This year, MVWSD 8th graders received the **Teen Talk Middle School** course, a 2-week course in comprehensive sexuality education, including lessons on anatomy, sexual identity, relationships, birth control, STIs, consent and sexual safety.

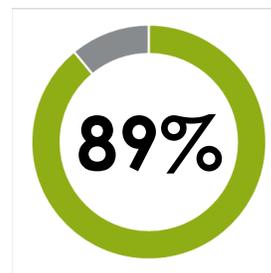
Students served: 

Program impact: 

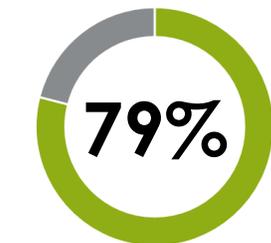
508 Number of 8th grade **students served** in MVWSD

18 Number of 8th grade **classes served** in MVWSD

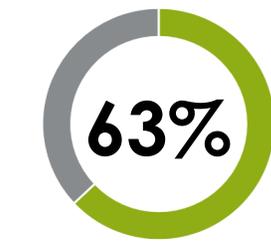
2 Number of **schools receiving Teen Talk** in MVWSD



MVWSD 8th graders feel comfortable **talking about sexual health with a parent or trusted adult**



MVWSD 8th graders can now name **two local teen clinics**



MVWSD 8th graders would tell their friends to **stop making homophobic or transphobic comments**

Knowledge change: 



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This year, MVWSD 8th graders received the **Teen Talk Middle School** course, a 2-week course in comprehensive sexuality education, including lessons on anatomy, sexual identity, relationships, birth control, STIs, consent and sexual safety.

What students said:

Q: What was your favorite part?

A: "The part when we learned about sexuality because some people were so ignorant that they didn't know that people couldn't control what they felt. They would make fun of others at our school for their sexuality but I have heard it less since [the Health Connected educator] taught us."

A: "The condom demonstration was my favorite part even though it was a little uncomfortable it was funny and we got to learn how to use one properly."

A: "Being able to talk about this with a trusted adult."

Q: What will you do differently now?

A: "I will always use protection and make sure I listen to my partner's consent, or will not have sex at all."

A: "I will stand up against bullies for making fun of genders."

A: "Have more respect to rape victims."

A: "Check for diseases by going to a health clinic."

A: "Feel more comfortable talking to my parents or a trusted adult when something occurs where I feel uncomfortable."

A: "Share this info to maybe my future children when they're old enough or maybe to people that don't know a lot about Sex Ed."

A: "Make more of an effort to be safe and have healthy relationships with people."

What teachers said:

Q: Advantages of having a Health Connected educator present this material to students?

A: "It creates a barrier that's comfortable for the regular instructor and allows distance for the students to connect with a professional on the topics. I also feel students may ask the pro questions that may not ask the regular teacher."

A: "Students felt more comfortable asking questions."

Q: What did you like best about the course this year?

A: "Quality of the curriculum."

A: "I loved the body image activity and the focus on students' future."

Q: Additional comments?

A: "Great educator! Immensely valuable, engaging and informative. Looking forward to next year :-)."

